

5 Takeaways of the Staff Wellness Survey

01

EMOTIONAL HEALTH IS THE #1 PRIORITY

Staff are feeling worn down, stressed, and anxious. They are eager for workshops and resources to support their emotional well-being.

Staff are expressing a desire to connect with their peers in a more meaningful way—through virtual or in-person activities, both during & outside of work hours.

02

MANY ARE FEELING DISCONNECTED SOCIALLY

03

FINANCIAL LITERACY

Workshops and trainings on all matters of financial literacy are a top request by staff.

Mutual respect, recognition, team-building, equity, and inclusion are things staff want to continue to build upon.

04

TEAM CULTURE MATTERS

05

STAFF ARE OUR BEST RESOURCE FOR WELLNESS INNOVATION

Staff came to the survey prepared with many thoughtful ideas on how to best meet their needs.